

HALIFAX metro



Drive-by leaves two injured

Shooting not believed to be a random attack, according to investigators

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Finding courage through camp

Eight-day program looks to introduce young women to careers as first responders

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No justice, no peace?

Americans react with outrage as Trayvon Martin's killer goes free after jurors deliver not-guilty verdict

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GLEE STAR REMEMBERED

FANS AND CELEBS MOURN AFTER CORY MONTEITH IS FOUND DEAD IN VANCOUVER HOTEL ROOM

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WAR — HIGHLAND GAMES STYLE

Members of the Antigonish women's tug-of-war team compete against Pictou at the 150th anniversary Highland Games in Antigonish on Sunday. Antigonish won the match. JEFF HARPER/METRO

Cops hunt for nighttime rapist

Assault. Woman forced to have sex with stranger who broke into Dartmouth home



RUTH DAVENPORT
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Major crime investigators in Halifax are following all leads to find the nighttime intruder who got into a woman's home and then raped her.

"This is particularly concerning because a man allegedly broke into the home of a woman, invaded not only her private space, but her own being," said Halifax Regional Police Sgt. Jeff Carr on Sunday.

"It's probably the worst thing that can happen to a person."

Police received a 911 call from a home on Pondicherry Crescent around 5:30 a.m. Saturday. The woman living in the home told officers a man she didn't know had entered the home and forced her to have sex.

"As with any incident, there's always the possibil-

ity the victim was targeted, and investigators look at information that's provided to them ... to determine if individuals may or may not have been targeted," said Carr.

The assailant is described as a white man between 40 and 45 years old, about six-foot-one inch tall and 220 pounds with short dark hair and a "growly" speaking voice.

Residents of the area, off Main Street near Cranberry Lake, say they're disturbed, but not entirely surprised, by the crime.

"Since we moved in there's been a shooting down there, an accident down there," said Bob, who didn't want his last name used. "The people around us are great people... but there's some bad stuff happening."

Area resident William Butt described the neighborhood as "50-50" for safety.

"Sometimes it's pretty good here, but sometimes you'll have sirens real close and you'll know something's going on," he said.

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2 men shot in drive-by

Victims recovering.
Police looking for white sedan after house sprayed with bullets

EVAN MCINTYRE
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Halifax police are looking for suspects after a drive-by shooting that left two men injured and a Dartmouth home riddled with bullets.

Around 9 p.m. Saturday, officers responded to a 911 call in the 100 block of Grant Street in Woodside, where the caller reported two men had been shot.

Halifax Regional Police spokesperson Sgt. Jeff Carr said several shots were fired from the passenger side of a white sedan as it drove slowly past the house.

"It looked like a Pontiac Sunfire or a Chevy Cobalt, a car of that size," said Carr.

Two 19-year-old men were found outside the home, each suffering from a gunshot wound to the lower body.

Carr said several bullets struck the house.

The victims were taken to the QEII with injuries described as non-life-threatening. They were later released.

Carr said the men in the suspect car are described as being white or having a light

complexion. The shooter had short hair and part of his face was covered.

Police interviewed both victims and spoke with witnesses.

"As with any investigation, we'll have a look at the backgrounds of the victims including known associates," said Carr.

Investigators don't believe the shooting is a random attack.

"Shootings are a concern to the community and to the police whenever they happen, wherever they happen, particularly in a residential neighbourhood when there were people around," said Carr.

Dartmouth beach

Man beaten with bat

Halifax police are also looking for suspects after a man was attacked, beaten and then robbed at Penhorn beach in Dartmouth.

Between midnight and 1 a.m. Saturday, a 28-year-old man arrived at the beach with two acquaintances who police say he met shortly before the attack.

Sgt. Jeff Carr said the three of them were approached by three other

men the victim didn't know. One of the three strangers attacked him with a baseball bat and another took his wallet.

The two men the victim met at the beach weren't harmed during the attack.

Carr said the victim was treated in hospital for injuries described as non-life-threatening and was released shortly afterwards. He was able to provide only a limited description of his assailants.

Carr said the assault appears to be random.



Weekend Rush: Hall-of-famers rock out with fans

Rush guitarist Alex Lifeson, left, and lead singer Geddy Lee rock out as Neil Peart accompanies them on drums in front of thousands of fans at the Metro Centre Friday. The recently-inducted Rock n' Roll Hall of Famers played a second show at the Metro Centre on Sunday. JEFF HARPER/METRO

1 NEWS



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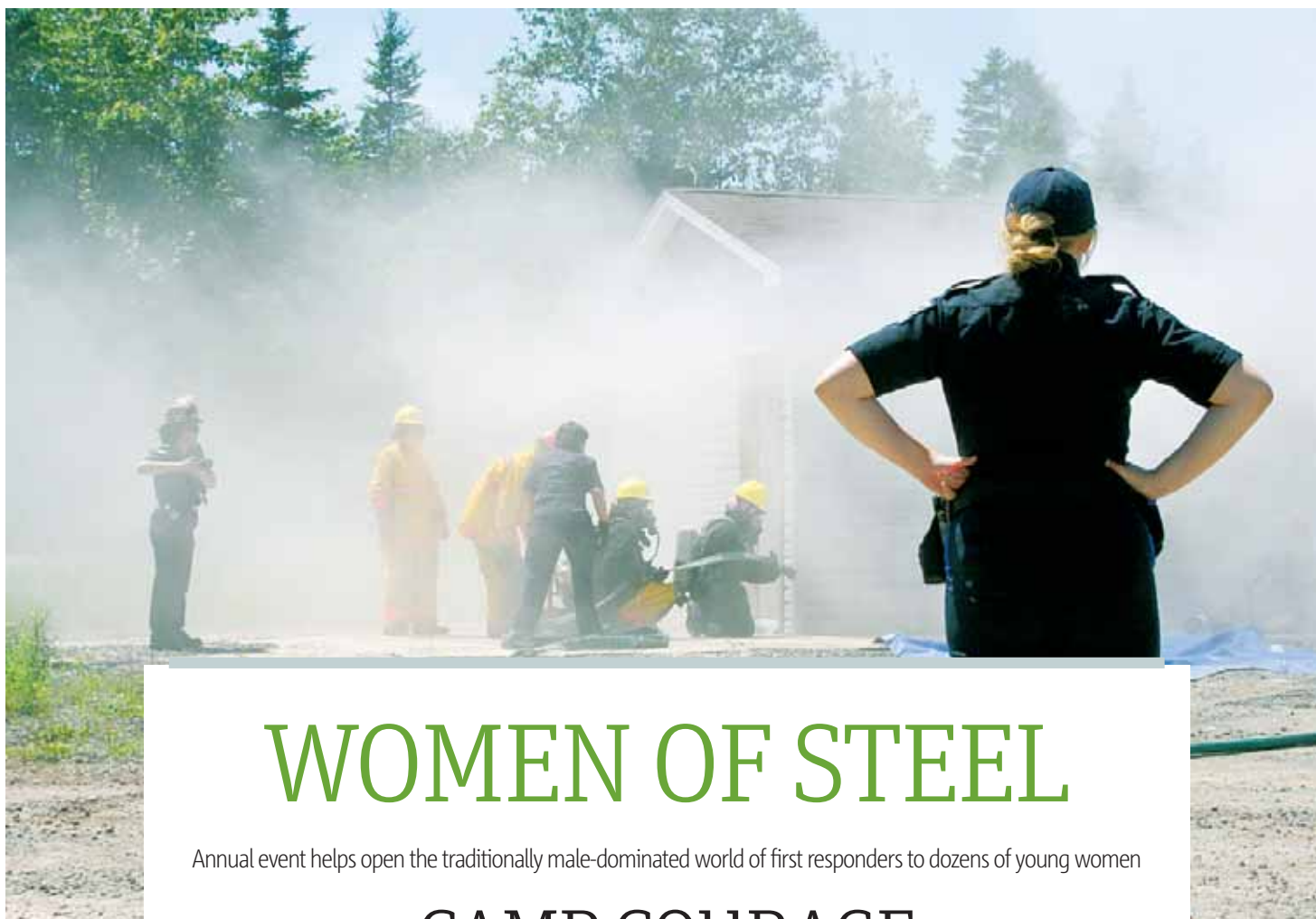
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WOMEN OF STEEL

Annual event helps open the traditionally male-dominated world of first responders to dozens of young women

CAMP COURAGE

If you'd asked Christie Webb eight days ago whether she wanted to be a firefighter, she might have hesitated to answer.

Fast-forward to Sunday, and the 17 year-old from Hantsport — without a doubt in her mind — said she wants to be on the front line battling blazes and serving the community.

"After the paramedic days, I was like, 'Aha! I want to be a firefighter. That's what I'm going to do. And there's no stopping me,'" she said.

The source of Webb's epiphany was Camp Courage, an eight-day program dedicated to introducing young Nova Scotian women to firefighting, policing and paramedicine. Campers get experience in a plethora of first responder tasks, from

climbing aerial ladders and setting up breathing apparatus, to shooting firearms and dusting for fingerprints.

Webb was one of 24 young women who graduated from Camp Courage 2013 on Sunday. To show off their newly minted skills, Webb and her classmates demonstrated a first response from firefighters, police and paramedics in a simulated meth lab fiasco in front of friends and family.

"The adrenaline you get from the calls, saving lives and helping people — it's an amazing career to go into," said Webb.

Besides the technical training, Webb says the camp gave her confidence and erased any doubts she may have about being a firefighter.

"My confidence grew each day, each second, each and every step and today I feel overloaded with confidence,"

she said.

Sunday's graduation marked the seventh group of young women to complete the program, many of whom have gone on to careers as firefighters, police officers and paramedics.

Jennifer Rowlands, a graduate of Camp Courage in 2006, says the camp inspired her to become a first responder. She's now a wildfire firefighter in Manitoba, and a nuclear security officer,

firefighter and first-aid provider for Atomic Energy of Canada.

"It showed me the meat and potatoes of what it's all about," said Rowlands in a phone interview. "When it came to the fire fighting, right away I fell in love. I thought this is what I want to do. I couldn't see myself doing anything else."

Although emergency services like firefighting are traditionally male-dominated, Rowlands thinks Camp Courage is essential for building the confidence of young women who may be unsure about a career as a first responder.

"It's exposure," she said. "It's showing women that they can do it, and that there are other women in it too."

CLARK JANG/FOR METRO

Evening playing field

"All kinds of men are in the trade, but we need women in the trade, too."

17 year-old Christie Webb, future firefighter and new Camp Courage graduate

Mainly men. Founder felt 'lonely' as female firefighter

The firefighter who launched Camp Courage said she started the program in hopes that future first responders — firefighters, police and emergency health providers — would have an easier time than she did.

"Essentially, Camp Courage is everything I wanted to do as a kid," said Andrea Speranza. "And because my road as a female firefighter was kind of lonely, I figured if I started an awesome support network for these young ladies, no one else would have such a lonely road."

Women currently make up about five per cent of the full-time fire force in the HRM, and 19 per cent of Halifax Regional Police officers.

Underrepresented

3.6

The percentage of Canadian firefighters who were female in 2006, according to Statistics Canada.

"There's a lack of female responders because the workforce itself is male-dominated," said Speranza. "Everybody recruits people similar to themselves. If we don't have special efforts to recruit from programs like these, it's 90-95 per cent males recruiting people like themselves."

The numbers may appear discouraging, but Speranza says women don't face barriers in the industry once they take steps to enter.

"If they had enough preparation, put enough time, effort and wanted it bad enough, they'll get it," she said.

Speranza says the program doesn't only show the girls what responder services are like, but also helps instill confidence.

"Once we educate them, it will be a natural move for women to come into these roles," she said. "If TV, newspapers, magazines and books don't have females in them, then they don't envision themselves in these careers."

CLARK JANG/FOR METRO

Being an inspiration

"They need to see us in these roles so they can believe in themselves."

Andrea Speranza, firefighter and Camp Courage founder



Top photo: Campers show off the skills they learned at Camp Courage in a first response demonstration at a fictitious meth lab fire on Sunday afternoon. The young women performed in front of friends and family, who showed up to support them on their graduation day. Bottom photo: Participants at the camp get a taste of wrangling a fire hose.

CLARK JANG/FOR METRO HALIFAX; HALEY RYAN/METRO HALIFAX

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Here's the pitch. Cops seek owner of signed baseball

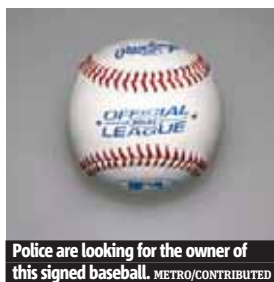
Halifax police are asking the public to help find the owner of a signed baseball.

On July 2, officers arrested two men in relation to a theft from a car on Morris Drive in Dartmouth.

The officers recovered a signed white Rawlings baseball in a plastic case that didn't belong to the suspects, and wasn't from the Morris Drive theft.

The ball hasn't been reported stolen.

A police statement states the ball is signed by a "well-



Police are looking for the owner of this signed baseball. METRO/CONTRIBUTED

known major-league player in black ink." METRO

Doing the dirty work. Cape Breton man rakes beach for used needles

A Cape Breton man and his rake have made a popular summer beach safer for everyone.

After finding out through Facebook that people were discarding used hypodermic needles at Castle Bay Beach, Daniel Morris of Eskasoni decided to do something about it.

The 38-year-old father of one spent four days raking the entire beach to remove used sharps hidden in the sand.

In recent months, children playing in the area had been accidentally stabbed by discarded needles on three different occasions.

Morris said he found three needles during his search, all of which he took to the local ambulance station to be safely destroyed.

During the process, he posted online photos of his progress and the needles that he found. Others commented that, since someone did go to the effort to clean the beach, they now intended to use it over the summer.

A crisis worker in the community, Morris said Eskasoni has been struggling with an injection-drug abuse problem over the past several years.

He said he will likely rake the beach again next season.

CAPE BRETON POST

Charges pending

Man seriously hurt in ATV crash

RCMP in Cumberland County say charges are pending after an ATV crash that seriously injured the driver.

Officers responded to the crash around 9:21 p.m. Saturday on Blue Sac Road in Lower Five Islands.

A news release states police found an ATV off the road and the driver, a 20-year-old man from Parrsboro, had been thrown about 30 feet into the woods.

The driver was taken to Colchester County Regional Hospital with serious but non-life-threatening injuries.

The release states investigators have determined the driver lost control of the ATV as a result of excessive speed. METRO

Altercation

Arrest warrant issued in shooting

RCMP are looking for a suspect in connection with a shooting incident in Lunenburg County.

The Mounties say a 31-year-old man was shot following an altercation in a home in Gold River.

The man who was shot was taken to the QEII in Halifax to be treated for non-life-threatening injuries.

Police have issued an arrest warrant for Ronald Lorne Paul of Gold River.

Charges against the 60-year-old man include aggravated assault, discharging a firearm with intent to endanger life and assault with a weapon.

Police say Paul faces additional charges pending the investigation.

THE CANADIAN PRESS



David White, a former RCMP officer, is seen at his lawyer's office in Halifax on July 4. White, whose hearing was damaged in two service-related accidents that led to his involuntary release from the RCMP in 2002, is hoping a proposed class-action suit against the federal government will end the clawback of a pain and suffering pension from Veterans Affairs. ANDREW VAUGHAN/THE CANADIAN PRESS

Former Halifax Mountie urging end to clawback of suffering benefits

'It's disappointing.' Up to 800 RCMP veterans could join pending class-action lawsuit if federal government doesn't settle, end 'harsh' practice

Quoted

"It's really a question of dignity for a lot of these folks, so we hope the government will do the right thing."

Halifax lawyer Dan Wallace

tivity, leading to his involuntary release after 30 years of service in 2002.

He was given a pain and suffering pension from Veterans Affairs and long-term disability — but most of that money is clawed back under a system similar to one that a judge deemed "harsh" and "unfair" in a class-action lawsuit by military veterans.

White, 61, is hoping to end the disputed practice through a proposed class-action suit against the federal govern-

ment, which has so far not tried to settle the almost identical case.

He says aging and injured RCMP veterans are dying before they see any money returned to them.

"It's disappointing," White said at his lawyer's office in downtown Halifax.

"Some of our veterans are suffering and the clawback being stopped is definitely going to help them. They're getting older and it would be nice to have it resolved before too

long."

Dan Wallace, White's lawyer, plans to meet with federal attorneys Monday in the hopes of reaching a settlement and ending the clawback.

Wallace says it's not clear why Ottawa has allowed the case to drag on after a Federal Court judge ruled in May 2012 that Canadian Forces veterans should not have their awards clawed back because the money is not income.

Wallace says if the meeting fails to produce proposals, the group will head to court in the fall to have the case certified as a class action.

A spokesman with the Treasury Board said in an email that he wouldn't comment on the case because it is before the courts. THE CANADIAN PRESS

Two years on, freighter still grounded



The MV Miner METRO FILE

Little progress has been made in deciding what to do with a freighter that ran aground on Cape Breton's east coast nearly two years ago.

The MV Miner was being towed in September 2011 when a line broke and the vessel drifted onto Scatarie Island, a provincially protected wilderness area.

Since then, various federal and provincial government agencies have continued to pass the buck on who is responsible for footing the sal-

vage bill.

A New York-based salvage company attempted to remove the MV Miner for scrap metal but abandoned the project because of what it described as excessive government red tape.

Meanwhile, Transport Canada continues to monitor the site for pollution and any possible threats posed to marine navigation.

But a spokesman for the organization says the MV Miner is not causing any problems at

this time.

"Transport Canada's role is to ensure that Canada's waterways provide safe navigation to marine vessels, and are free of ship-source pollution," said Bone in an email statement. "At this time, MV Miner is not blocking navigation, nor is it leaking ship-source pollution."

Bone reiterated that the owner — not Transport Canada — is responsible for removing stranded vessels but that monitoring would continue. THE CANADIAN PRESS

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Protesters angered by the acquittal held largely peaceful demonstrations in three California cities, but broke windows and started small fires in Oakland. ANDA CHU, BAY AREA NEWS GROUP/THE ASSOCIATED PRESS

Verdict brings no resolution to killing of Trayvon Martin

Not guilty. Trouble may be far from over for Zimmerman as civil suit, rights case loom

U.S. President Barack Obama urged Americans to respect the decision of jurors on Sunday following the acquittal of George Zimmerman in the death of unarmed teenager Trayvon Martin, a case that has bitterly divided the country since the boy was gunned down more than a year ago.

"I know this case has elicited strong passions," Obama

said in a statement, in which he referred to the slaying of the black 17-year-old as a "tragedy."

"But we are a nation of laws, and a jury has spoken. I now ask every American to respect the call for calm reflection from two parents who lost their young son."

Zimmerman's legal problems, however, seemed far from over a day after a jury of six Florida women cleared him of manslaughter and second-degree murder charges — a verdict that stunned civil-rights groups and spurred largely peaceful protests in the streets in several U.S. cities.

Justice in question

"We hope ... that the (Department of Justice) will act and will hold Mr. Zimmerman accountable for what he has done."

Ben Jealous, head of the National Association for the Advancement of Colored People

The Justice Department said in a statement on Sunday that it's investigating Martin's death to determine whether federal prosecutors should file criminal civil-rights charges now that Zimmerman's been acquitted. The department launched a probe a year ago but stepped aside to allow Florida's prosecution to proceed.

Martin's parents are also considering a wrongful death civil suit against Zimmerman.

The verdict, many argued this weekend, proves the criminal-justice system is still inherently biased against black people, given that Martin, the unarmed victim, was successfully portrayed as the aggressor. **THE CANADIAN PRESS**

2012 killing

Martin was walking to his father's house in Sanford, Fla., carrying iced tea and Skittles, when he was shot by Zimmerman, a neighbourhood watch volunteer.

- Zimmerman claimed he shot in self-defence when Martin began beating on him.
- Many saw overt racism in Zimmerman's focus on a black boy in a hoodie in a gated community.

Reaction

U.S. recoils and rages

From New York to California, outrage poured from street demonstrations and church pulpits on Sunday as hundreds of protesters took to the streets.

In Manhattan, congregants at Middle Collegiate Church were encouraged to wear hoodies in memory of Trayvon Martin.

The Rev. Jacqueline Lewis, wearing a pink hoodie, urged peace and told her congregation that Martin Luther King Jr. "would have wanted us to conduct ourselves on the highest plane of dignity."

But, she added, "We're going to raise our voices against the root causes of this kind of tragedy."

Chicagoan Maya Miller, 73, said the case reminded her of the 1955 slaying of Emmitt Till, a 14-year-old who was murdered by a group of white men. Till's killing galvanized the civil-rights movement.

Miller said she feels as if "nothing has changed in 58 years."

The NAACP called for the opening of a civil-rights case against Zimmerman in an online petition addressed to Attorney General Eric Holder.

Civil-rights leaders, including the Revs. Jesse Jackson and Al Sharpton, urged peace in the wake of the verdict. Jackson said the legal system "failed justice," but violence isn't the answer.

Not everyone heeded those calls.

In Oakland, Calif., some demonstrators broke windows, burned U.S. flags and started fires. Some also vandalized a police squad car and used spray paint to scrawl anti-police graffiti on roads and a courthouse.

THE ASSOCIATED PRESS

Nelson Mandela. Ailing leader may be sent home

Nelson Mandela may be discharged from hospital soon to recuperate at home, said a former president of South Africa.

The prediction was made by Thabo Mbeki as he gave a memorial lecture for the African National Congress on Saturday, the Eyewitness News radio service reported.

Mandela, 94, has been in hospital for more than five weeks for a recurring lung infection, sparking an out-



Nelson Mandela
GETTY IMAGES FILE

pouring of support in South Africa and internationally. Friends who have visited him say he is on life support in the form of mechanical ventilation.

THE ASSOCIATED PRESS

'Orangutan.' Slur thrown at black minister in Italy

Italian Premier Enrico Letta has harshly criticized a top senator who likened the country's first black Cabinet minister to an orangutan, the latest episode of high-profile racial tension in a nation grappling with immigration.

In a statement Sunday, Letta denounced Roberto Calderoli's words as "unacceptable" and "beyond every limit."

Calderoli, the Senate's vice-president and a leader of

the anti-immigrant Northern League party, made denigrating remarks about Immigration Minister Cecile Kyenge at a party rally on Saturday.

"I cannot help think ... of a resemblance to an orangutan," Calderoli is quoted as saying by the Corriere della Sera newspaper.

Kyenge is a Congolese-born doctor who became Italy's first black minister in April. **THE ASSOCIATED PRESS**

Lac-Mégantic disaster. Priest struggles at pulpit

The parish priest in a Quebec town gripped by tragedy said Sunday he struggled to find the words to comfort his flock.

Steve Lemay said he and his colleagues have tried to bring solace to Lac-Mégantic in the week since a train derailment killed an estimated 50 people and razed the town centre.

But he said some residents haven't even begun to grieve. With many questions still unanswered, the loss hasn't fully

sunk in, he told reporters outside the Ste-Agnes Church.

"Normally, when we lose someone we love, we can see them, we can make contact," he said. "We don't have that here."

Two more bodies were pulled from the rubble on Sunday, bringing the official death toll to 35. Fifteen people remained missing, more than a week after the disaster.

THE CANADIAN PRESS

Open minds and good plans help Mumbai couple land smoothly

"Open your mind and meet people, because people here are welcoming and helpful," observes Narendra Patel, reflecting on his success over the past 10 months since he and his wife Devangini emigrated from India.

When they touched down in Toronto, the couple was greeted by friends they had met months earlier in Mumbai. The next day, they roamed the city with a laptop, purchased a cell phone and sorted paperwork for their health cards and residency documents. They also registered with employment agencies to secure odd jobs until they could find work in their own professions.

The Patel's smooth landing was partly thanks to the advice they received when they attended a federal government seminar in India that provided newcomers with guidance on everything from immigration processes to dressing for Canada's climate.

They also met a Scotiabank representative at the seminar who explained the **Scotiabank StartRight**® Program¹ which includes a free day-to-day bank account for one year², a wide range of credit card options³ and a number of other customized services and benefits. Narendra and his wife completed the paperwork at Scotiabank's Mumbai branch, so that their account would be available when they arrived in Canada.

"It was all very instant, and our debit cards were ready," says Narendra, noting that he got a call from Scotiabank's Keele & Toro Branch that his account was opened. "The branch had a nice homey environment and the staff was really welcoming."

Narendra also describes Keele & Toro's Financial Advisor Rosaria Celani as, "A real gem and an instant helper, since she explained all the details perfectly and took whatever time we needed." She also alleviated Narendra's doubts about using a credit card. Rosaria offered tips on responsible card usage to build a good Canadian credit history – an important goal since the couple hopes to someday purchase a home.

With their financial needs resolved, the Patels focused on their career goals. Devangini, a software engineer and web designer, gained work experience at a local tech firm, while Narendra worked in a factory while attending a college program for internationally trained engineers.

"I made lots of good connections at the college. Since 80% of jobs in construction are never advertised, you have to network," says Narendra. After finding a professional role as a construction field technician, he's now busy commuting in his new car between Toronto's bustling condominium sites.

Thinking about advice for other newcomers, Narendra says, "Don't be isolated. Try to meet more people because you never know who knows someone or something."

The same philosophy applies to choosing a bank, adds Narendra: "You have to decide what you want from a bank, and then find the one that will give you those answers."

THIS ADVERTORIAL IS PREPARED BY SCOTIABANK®.



Narendra and Devangini Patel kept open minds to every opportunity, including training programs, odd jobs and advice from Scotiabank to help them settle quickly.



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1. The **Scotiabank StartRight** Program, created for Canadian Landed Immigrants from 0-3 years in Canada, International Students and Foreign Workers.

Cabinet

Harper set to shuffle the bench

Prime Minister Stephen Harper is poised to shuffle his front bench, setting in place the team that will carry the Conservative government into the 2015 election.

Ray Novak, Harper's chief of staff, began phoning ministers and cabinet

newcomers with their new assignments on Saturday night, with the formal appointments set to be announced Monday morning at Rideau Hall.

All ministers and deputy ministers have been summoned to be in the capital Monday, sources told The Canadian Press.

There is much talk of generational change within the party. **THE CANADIAN PRESS**

Intelligence security

CSIS guide to help officials avoid being seduced by spies

Canada's spy agency has quietly warned travelling government officials they may be drugged, kidnapped or blackmailed after being enticed into a sexual "honey trap" by an attractive stran-

ger.

Foreign intelligence services see federal employees — and the proprietary information they carry — as prized targets, and precautions must be taken to prevent the pilfering of secret files, says the Canadian Security Intelligence Service.

The threat has prompted CSIS to prepare a special guide advising Canadian officials. **THE CANADIAN PRESS**

Building collapse

Owner of Elliot Lake mall set to testify at inquiry

The inquiry into why a northern Ontario mall collapsed last summer, killing two women and injuring dozens of others, enters its final phase Monday, with the first of two key witnesses taking

the stand.

Slated to testify over the next two weeks about their roles in the tragedy are Levon Nazarian and his father Bob Nazarian, who owned the ill-fated Algo Centre Mall for its final seven years.

"The evidence that we've heard so far is that conditions continued to deteriorate over that period," said inquiry lawyer Peter Doody.

THE CANADIAN PRESS

Alberta's new flood-recovery funding regime faces criticism

No easy solution.

Plans to avert future disaster provide little consolation for victims



JEREMY NOLAÏS
Metro in Calgary

Plans by the Alberta government to ban development in mapped floodways and no longer fund recovery efforts for those continuing to live there were met with sharp criticism from those still recovering from a disaster unlike any previously seen in the province.

Officials took the veil off new rules for funding and development during a technical briefing Sunday morning, a little more than three weeks after rivers surged to levels not seen in a lifetime, displacing tens of thousands of Southern Albertans and leading to billions of dollars in damages.

Some homes in the town of High River remain underwater even now.

Going forward, all municipalities will be prohibited from approving new developments in known floodways, and residents opting to continue living in those areas will no longer receive disaster-recovery funding for damage caused in future floods, Municipal Affairs Minister Doug Griffiths announced.

In addition, any homes located in Alberta's "flood fringe" areas will be required to undertake mitigation efforts — raising a home using piers or columns, erecting berms or flood walls and water-sealing a residence were examples provided — if they wish to receive recovery funding going forward.

"For Albertans who have endured this disaster and face an uncertain future, I want you all to know one thing: our government is here for you," Griffiths said, adding compensation for those choosing to move out of a floodway will be determined on a "case-by-case" basis.

Calgary Mayor Naheed Nenshi said there are questions about the accuracy of provincial flood mapping, which will provide the only guideline



Sarah and David Carlson believe their soon-to-be finished home in Calgary's Roxboro area is flood-proof, but because half of their land is in a mapped floodway, it's possible they will not receive any recovery funding in future disasters.

JEREMY NOLAÏS/METRO

on which homes reside in the floodway and flood fringe.

"I don't have much of a philosophical problem with

what they're saying," Nenshi said, before adding, "I am surprised the province would announce such sweeping changes

in the absence of any consultation whatsoever with affected municipalities."

WITH FILES FROM DARREN KRAUSE

Grey area

The province will be supplementing some of the funding for mitigation efforts, but for many in the flood zones the new policy added to what they already saw as the worst three weeks of their lives.

- David and Sarah Carlson were busy constructing a \$3.4-million home in the southwest community of Roxboro when the floodwaters surged.
- The pair had already torn down the previous home on the lot and worked diligently to make the home flood-proof.
- But their property is divided in two on the provincial mapping — half is in a floodway and half in a flood fringe — and the pair questioned what that would mean for them going forward.

Manitoba village bears brunt of possible tornado



A trailer lies on its side after an unconfirmed tornado touched down in the regional municipality of Pipestone, Man., Saturday. @SNIPE_ALL_DAY/TWITTER

The reeve of Pipestone, Man., is relieved no one was seriously injured after what Environment Canada says was likely a tornado tore through the rural municipality Saturday night.

"It ripped the roofs off buildings, flipped a mobile (home), took a part of the hall and part of the rink — so it was pretty severe," Ross Tycoles told Metro Sunday morning from his home in Reston. "It was bad enough here, but Pipestone is the one that really got it."

Tycoles said the fast-moving storm — which dropped hail as big as golf balls in the area as it

moved into the southwest corner of Manitoba, along Highway 2 from Saskatchewan, around 6 p.m. — levelled a number of trees and knocked out power for the Village of Pipestone's more than 200 people.

"Hydro is going to be an issue; there were lots of downed power lines," explained Tycoles, who said power remained disabled in Pipestone Sunday morning. "They shut the power off in town until they can reassess (the damage) to be safe."

The reeve said the only injuries reported were a couple of people who cut their hands

Environment Canada

"Did it actually reach the ground? We haven't received any report, but it's highly possible that it was a tornado."

Meteorologist Mark Gerlyand

from broken glass.

The storm couldn't have come at a worse time for the RM of Pipestone, which declared a state of emergency in late June after heavy rains

brought more than six inches of water in about six hours to Reston.

Environment Canada meteorologist Mark Gerlyand said the storm moved over Pipestone within two hours before losing steam as it went eastward.

While Gerlyand hasn't seen any photos verifying a funnel cloud touched down, he said there was a report of a tornado from the village of Pipestone around 7 p.m., and radar information did show cyclone activity in the air at the time.

SHANE GIBSON/METRO IN WINNIPEG

J.K. Rowling revealed as 'new' crime novelist

Chamber of secrets. Critics called mystery novel with a pen name a 'scintillating debut'

An ex-military man tries his hand at writing, publishes a debut detective novel, and wins critical acclaim. But here's the twist in the tale: The true identity of the author is none other than Harry Potter creator J.K. Rowling.

It's impressive literary wizardry by Rowling, who said she relished the freedom of writing *The Cuckoo's Calling* under her pseudonym, Robert Galbraith.

"I hoped to keep this secret a little longer," she said in a statement. "It has been wonderful to publish without hype or expectation, and pure pleasure to get feedback from publishers and readers under a different name."

The Cuckoo's Calling, a



Cross-writing

“Being Robert Galbraith has been such a

J.K. Rowling

story about a war veteran turned private investigator who is called in to probe the mysterious death of a model, was published to rave reviews in April.

The Sunday Times said it was investigating "how a first-time author with a background in the army and the civilian security industry could write such an assured debut novel" when it connected the dots. The paper said clues included the fact that Rowling and Galbraith shared the same agent and editor and that the style and subject resembled Rowling's work. **THE ASSOCIATED PRESS**

THE ASSOCIATED PRESS



New bones about it

Cody Van Megen's dog Moose examines one of many large bones found along the banks of the Bow River, heavily eroded by recent flooding, in Calgary on Friday. While Van Megen was bracing for devastation, he didn't expect to find a set of gigantic rib bones sticking out of the riverbank. Van Megen got in touch with Francois Therrien, a paleontologist at the Royal Tyrrell Museum in Drumheller, Alta. Therrien told him the bones were unlikely to be from a dinosaur, but the discovery could be significant — potentially signalling an early bison fossil — and a team will examine it in August. LARRY MACDOUGALL/THE CANADIAN PRESS

Flight 214

Asiana payout to depend on nationality

When the courts have to figure compensation for people aboard Flight 214, the potential payouts will probably be vastly different for Americans and passengers from other countries, even if they were seated side by side as the Asiana jetliner crash-landed.

An international treaty governs compensation to passengers harmed by international air travel. The pact is likely to close U.S. courts to many foreigners and force them to pursue their claims in Asia and elsewhere, where lawsuits are rarer, harder to win and offer smaller payouts.

The flight that broke apart July 6 at the San Francisco airport killed three girls from China and injured 182 people, most not seriously.

THE ASSOCIATED PRESS

Cyber security

Private sector vulnerable: Records

Gaps in the cyber security efforts of Canadian corporations could be leaving them open to sophisticated attacks by hackers, records show.

“There are an increasing number of new software vulnerabilities that can be exploited to gain access to companies’ networks,” reads a July 2012 memo obtained

under the Access to Information Act.

"The scale of the problem is significant. The cost of maintaining a highly secure network is high for each company, and they may not be willing to make that investment."

The smooth operation of critical infrastructure assets is integral to the country's economic, political and social well-being, according to an auditor general report from last fall. **THE CANADIAN PRESS**

[illegible]

JUSTICE NOT SEEN TO BE DONE

It's been an unsatisfying week for the be-seen aspect of that justice-being-done-and-being-seen-to-be-done shibboleth.

The more we learn, the more clear it is we still don't know all we need to know about two high-profile court cases to satisfy ourselves that justice has been served.

Let's start with the report of the Commission for Public Complaints Against the RCMP.

In January, the Supreme Court stayed charges Nicole Doucet tried to hire a hitman to kill her husband, Michael Ryan, in part because of the "disquieting fact that ... it seems that the authorities were much quicker to intervene to protect Mr. Ryan than they had been to respond to (Ms. Doucet's) request for help in dealing with his reign of terror over her."

But the independent commission — after examining the 25 RCMP files involving one or both Ryan and Doucet, reviewing a previous internal report and interviewing key RC-



URBAN COMPASS
Stephen Kimber
halifax@metronews.ca

MP officers as well as both Ryan and Doucet — concluded "the RCMP acted reasonably in each of its dealings with Ms. Doucet and her family, and did not fail to protect her."

The 41-page report is specific and detailed; its conclusion raises a troubling question.

Since neither Ryan nor the RCMP were called to testify about Doucet's allegations of spousal abuse and police failure to act, how could so many courts so mindlessly accept those allegations as proven fact?

The report is silent on that question. It's beyond its mandate, which is exactly the reason we need a full public inquiry into this case.

Another botched case, another report.

This one by Nova Scotia's Public Prosecution Service into the Fenwick MacIntosh case.

In April, the Supreme Court refused to consider a lower

Troubling question

Since neither Ryan nor the RCMP were called to testify about Doucet's allegations of spousal abuse and police failure to act, how could so many courts so mindlessly accept those allegations as proven fact?

court's dismissal of sexual assault charges against MacIntosh because of a 15-year delay between allegations and trial.

The prosecution service owned up to its failures and noted changes it's made to prevent such unconscionable delays in the future.

But Ottawa so far has failed to explain why it renewed MacIntosh's passport twice even after he'd been charged.

Another internal inquiry won't cut it.

We need a broader, independent inquiry into what went wrong and why.

Justice won't be seen to be done until then.

ZOOM

Tidal wave is man-made



QUIRKY CHINA NEWS/REX FEATURES

Yellow Dragon roars again

Tourists watch as tidal waves of water are unleashed at 2,600 metres per second into the Xiaolangdi reservoir in Henan, China.

The spectacular process is part of anti-pollution efforts in the Yellow River, and officials claim it has removed tonnes of debris from the bed, improving the nation's water supply. **METRO**

Adapting to demand

- **Pollution.** In 2008, 40 per cent of water was unusable due to pollution, and 30 per cent of fish species were extinct.
- **Digital solution.** A new software system can flush vast quantities of water through polluted zones. It won environmental prizes and is now used across China.

The effect

390

The quantity, in millions of tonnes, of river-bed debris that has been cleared by this method over the past 13 years. The river now flows all the way to the sea, without stretches of desert. Millions depend on "Mother River." At 5,464 km, it's the second-longest river in Asia.

Pieces of the puzzle

"The key to bringing the river under control is to control its water and sand."

Chen Xiaojang, director of the Yellow River Conservancy Commission of the Ministry of Water Resources

Clickbait

Since Vine became available on Android last month, the playing field for six-second, looped videos shot with your cellphone has essentially been levelled, which has, in turn, upped the quality of stop-motion and regular videos that create an optical illusion. These are the latest creators of some app-ealing vids that were also selected for the #WiredOpticalIllusion contest.

@savi10:

Guy Savioli has revolutionized the once-popular dancing-stick-man-on-a-notepad trick by turning it into an infinite falling stick man with the use of the looping software.

@lalo:

If you think it's impossible to turn a one-dollar bill into a two-dollar bill with one quick fold, then maybe you

are the twit.

@YvesDas:

Based out of Belgium, this artist has perfected the stop-motion Vine video. Think Gumby, all grown up (and six seconds long).

@Pinotski:

Trust this man behind the lens for a nicely skewed version of reality. **METRO**

Letters

Today's weak labour market for youth is not only hurting young Canadians. It's also taking a financial toll on their middle-class parents.

There are still 200,000 fewer jobs for young Canadians than before the recession. According to TD Bank, young Canadians are not only losing out today, they also face lower wages for more than a decade as they try to catch up on missed work experience. A growing number of 20-somethings are now competing for unpaid internships in an attempt to get ahead.

While job prospects for young Canadians have deteriorated, the price of everything from tuition to rent and groceries has gone up. Yet

student debt levels have remained relatively constant. So who is picking up the tab?

It's middle-class parents who are stepping in to financially support their adult children.

According to TD, more than half of baby-boom parents have continued to financially support their adult children, even after they leave school. Instead of listening to Canadians on this issue, the Harper Conservatives have cut the number of youth jobs in the Canada Summer Jobs Program by more than half, and frozen the skills training budget at 2008 levels without allowing for either inflation or population growth.

Scott Brison, Liberal finance critic

WE WANT TO HEAR FROM YOU:

Send us your comments: halifaxletters@metronews.ca



Glee star Cory Monteith was found dead in a Vancouver hotel room on Saturday. THE CANADIAN PRESS

Remembering Monteith

United in grief.

Celebrities, fans send out condolences to Glee actor's family, police won't speculate on cause of death

Tributes from celebrities and fans of the popular television series Glee were pouring in on social media Sunday as those who admire Canadian actor

Cory Monteith learned of his sudden death.

The 31-year-old actor, who shot to fame as football player and singer Finn Hudson on the popular television series, was found dead at a downtown Vancouver hotel room on Saturday.

Police told reporters the cause of death still must be determined, but investigators do not believe foul play was involved.

Once news broke of Monteith's death, fellow celebrities

and Glee cast members took to Twitter to express their condolences.

Dot-Marie Jones, who plays Coach Shannon Beiste, wrote, "I am blessed to have worked with him and love him so much. My heart is with his family and our whole Glee family. I love you all."

And Lauren Potter, who plays cheerleader Becky Jackson said, "I am totally heartbroken right now. I love Cory so much this hurts my heart. I hope my Glee family

is OK right now. I love them all. Cory was always so nice to me. I have so many good memories."

Monteith's co-star and girlfriend Lea Michele, who plays Finn's girlfriend on-screen, has issued a brief statement, requesting privacy.

Acting Vancouver Police Chief Doug LePard told reporters on Saturday that Monteith's body was found around noon after he failed to check out from his room as scheduled. LePard said the

actor had been with some other people in the room the night before, but video and electronic records show that Monteith entered the room by himself on Saturday morning.

His death comes several months after he told People magazine that he had admitted himself into rehab for substance abuse, but police declined to speculate whether there was any connection.

THE CANADIAN PRESS

2 SCENE

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By Shaista Latif

Litmus Road

By Evan Brown

Country Song: a queer ballad

Written & performed by Lee-Anne Poole

Jet Legs

By Krista Davis, Margot Durling
and Megan McDowell



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Hip-hop stars hold hands up and take the rap

Industry change?
With Lil Wayne and Rick Ross losing endorsement deals over lyrics, will rappers tone down their songs?

Since it began, rap has found ways to offend. Whether for political content, sexual imagery, misogyny, violence or coarse humour, rappers have found themselves having to defend their words on a regular basis, no matter how innocuous — or extreme.

Those defences have typically been defiant. So it was a bit startling when both Lil Wayne and Rick Ross — under intense fire over rhymes deemed offensive — gave mea culpas for their words amid threats of boycotts and a loss of major endorsements.

Their contrition, and the success of their detractors in getting them dropped by major corporations, raises the question: Could the close attention paid to lyrics to-

day — mainly because of the digital age and social media — find some rappers toning down their words, or compromising artistry, to satisfy others?

Ebro Darden, the program director of New York's Hot 97 radio station, thinks rappers may become more mindful, but isn't convinced this is a tipping point in the genre.

"I think they'll be more cautious about the disrespect they show toward a specific situation," he said. "I think hip-hop is a culture of people speaking what they feel and see. ... I think it does get out of balance sometimes and I think that's the main issue people have with hip-hop."

Others see Lil Wayne and Ross' situations as blips that won't shake up how rap stars approach their music.

"Folks in hip-hop are going to use freedom of expression," said Cori Murray, the entertainment director at Essence. "I don't see them self-editing themselves."

There are still plenty of examples of vulgarities dominating in rap, including pop hits such as Kendrick Lamar's

Lesson learned?

"I think they'll be more cautious about the disrespect they show toward a specific situation."

Ebro Darden, program director Hot 97
On rappers becoming more mindful of what they say on their records.

(Expletive), Don't Kill My Vibe and A\$AP Rocky's (Expletive) Problems. The use of gay slurs has been toned down, though rappers like Tyler the Creator still say them regularly.

But even for a genre known for using outrageous words to convey a message, some thought Lil Wayne went too far. On a remix of rapper-producer Future's song, Karate Chop, Lil Wayne compared a sex act to the beating that killed 14-year-old Emmett Till in Mississippi. PepsiCo cut ties with Lil Wayne in May. Steve Stoute, the former record label boss and advertising executive who has worked with Jay-Z and Mary J. Blige, believes Lil

Wayne and Ross did no harm — and nothing they haven't done before.

"Lil Wayne's fans know he wasn't being disrespectful ... he was trying to make a point, which in hip-hop you will sometimes go as ridiculous as he went to make a point," said Stoute, who added that the rappers shouldn't alter their lyrics. "I think Lil Wayne and Rick Ross and every other artist should do exactly what they've always done to become the special thing that they are."

Ross rapped about giving a woman the drug MDMA, known as Molly, and having his way with her in Rocko's song U.O.E.N.O.

Reebok ended its relationship with Ross in April after the women's group UltraViolet held several protests, including one outside a Reebok store in New York City. The sneaker brand said it was not happy with how 37-year-old Ross handled the situation (Ross apologized for his lyrics twice before he was dropped, but only acknowledged the seriousness of his words after Reebok let him go).

"I bet you (Ross) wasn't thinking that was going to happen when he was writing that lyric," John Legend said of the backlash the burly rapper received, with whom he has collaborated three times. "Now people will think twice about stepping in that territory and making light of it ... and if that's the effect of people protesting, then maybe that's a good effect." THE ASSOCIATED PRESS



Pepsi cut ties with rapper Lil Wayne after he released the Karate Chop remix. GETTY

She's going from straight A's to getting her first F.



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Justin Bieber. ALL PHOTOS GETTY IMAGES

Bieber continues ruining lives of others ... or something like that

Trouble continues to dog Justin Bieber as he makes his way across the U.S. for his summer tour, though this time it's not the 19-year-old singer who's in trouble.

Last week, Bieber took a post-concert trip to a Chicago nightclub that resulted in the club being cited for letting

him in, according to E! News.

Bodi Chicago was issued a citation for "admitting and knowingly having underage persons in the establishment," according to a spokesperson for the Chicago Department of Business Affairs and Consumer Protection.

The Word

Divorce, arrests and bombings



STARGAZING
Malene Arpe
scene@metronews.ca

This week in diva suffering: 1) Mariah Carey dislocates her shoulder while shooting a video 2) Fans are upset that Madame Tussauds' Adele figure is too thin. 3) A reportedly inebriated Rihanna is escorted by security from a Polish music festival. 4) Lauryn Hill goes to prison to serve time for tax evasion. 5) Lady Gaga's new diet reportedly causes massive flatulence. 6) Ha-



ha-ha-ha-ha.

- A dancer and student with the Winnipeg Ballet is dismissed after it's discovered he made gay porn. The administrators at the ballet were particularly upset over his work in Man Lake and Sleeping Barry.

- Nigella Lawson's husband files for divorce because he's annoyed she didn't

come to his defense after he choked her in public. I don't blame him. It's just like that time when I stole my friend's car and then, when I accidentally ran him over, he wouldn't testify on my behalf.

- A man is arrested at a Taylor Swift concert after posting threats on Facebook and because he carried a sign that read, "Taylor Swift is with Satan." Police said they take all threats seriously and, besides, "He's a liar. Everyone knows Satan prefers Selena Gomez."

- The Lone Rider bombs at the box office. That's too bad. We were all looking forward to Johnny Depp wearing an entire ostrich in the sequel.



Hugh Jackman.

Getting into Wolverine shape

Hugh Jackman admits he isn't afraid of stealing work-out techniques from other actors — like Dwayne "The Rock" Johnson — if it means getting into tip top Wolverine shape.

"I know Dwayne and I rang him and said, 'Buddy, I saw you in the Tooth Fairy, and then I saw you in an action movie and you are massive. How do you do it?'" Jackman tells E! News. "Right as he's telling me the whole diet, someone knocked on his trailer door — and I'll never forget this moment. He goes, 'Hold on a second! I'm talking to Wolverine. You can tell them I said they can wait.'"



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Look awkward, be safe

Faux tattoos help identify allergies

Just when you thought childhood awkwardness couldn't get any more ... awkward, there's always something to take it to the next level.

This time around it's SafetyTats. The premise of the invention is to identify children's allergies or other vital

information through temporary tattoos that can be applied anywhere on the body.

There are two different types of SafetyTats. The original ones, which are applied like regular temporary tattoos, come with standard allergy messages (such as "food allergy: nuts") and quick stick write-ons, which come in various neon colors, apply similar to a Band-Aid and allow users to write custom allergy messages.



"I remember going to an amusement park one week-end with my three kids and thinking 'I don't want to have to worry about them getting lost,'" said SafetyTats creator

Michele Welsh. "I wrote my cellphone number on their arms with a ball point pen but eventually it rubbed off during the day and that's when I knew that I had to create something else."

The original safety tats last approximately three to five days depending on the activeness of the child. The quick stick write-ons last up to two weeks and are waterproof.

COURTNEY M. FOWLER, METRO WORLD NEWS IN NYC

Exclusively Online

Reasons Mommy Drinks? This week, it's the local park's wading pool a.k.a. giant vat of pee. Read this and more hilarious mommy tales at metronews.ca/voices.



A boys with dustpans, girls on lawn mowers revolution

Gender roles. Our expert weighs in on a study that says siblings can have a large impact on gender stereotyping



IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

"Men with sisters appear to do less housework, even in middle age." A provocative and, I think, curious statement to make.

Yet, according to a paper published in the *Journal of Politics*, decades of data have led to this conclusion. The data suggest siblings can have as large an impact on gender stereotyping as parents can when running a home.

The report goes as far as to say that the roles of brother and sister can resemble those of husband and wife. (Frankly, the only way my kids resemble

a husband and wife is in a Bickersons arguing sort of way.)

How to prevent this from happening in our own home? I'm thinking maybe we could start with the philosophy of "It's only work if you're not having fun." I say this, as due to my excellent parenting skills, (or admittedly by some strange fluke), I happen to have tricked my youngest son, 11, into thinking that housework is fun.

He routinely mops the kitchen floor, vacuums, and sprays glass cleaner on glass cleanable surfaces with wild abandon. He requested, and received, his very own toilet brush, that he also uses with surprising frequency. He does all of this ... for fun. In fact, the day that school ended he asked if he could mop as a sort of "welcome to summer holidays treat." I magnanimously let him.

He does have siblings (a brother and two sisters), none of whom would even pick up a duster unless it were on fire, and probably not even then unless I threatened to take their phones away.

Maybe the fact that there is

another brother in the house counteracts the unintentional yet subliminal boy versus girl housecleaning message. Whatever the case, the theory doesn't seem to hold water in my house.

But if that's what the research shows for other families, maybe on the whole we need to do something about this, mostly to save our daughters, and our son's future partners from having to pick up the slack, and the dirty clothes, thanks to our own procreation of boys.

The study tells us that our kids are watching us — how we divvy up the chores we do as adults and how we assign chores to our children.

Does your daughter mow the lawn? Does your son set the table? Do you have "boy jobs" and "girl jobs" in your house? Take some time to mix it up this week. Unfortunately I can't lend my own son out, as the floors need cleaning at my house. **KATHY'S NEW BOOK I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS IS AVAILABLE AT BOOKSTORES EVERYWHERE. FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH**



According to one report, men with sisters appear to do less housework, even as they grow up. ISTOCK

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A picnic just isn't a picnic without Greek Pasta Salad

KAREN HUMPHREY
YummyMummyClub.ca

This salad is packed with vegetables and lightly kissed with a home made balsamic dressing so it's light and fresh.

Ingredients

- 2 cups bow tie pasta
 - 1 cup halved grape tomatoes
 - 1/4 cup thinly sliced red onion
 - 1 cup chopped cucumber
 - 1/2 sweet yellow pepper, seeded and chopped
 - 1/2 sweet red pepper, seeded and chopped
 - 4 oz feta cheese, crumbled
 - 1/4 cup black olives, sliced
 - 2 tbsp chopped fresh dill
- ### Dressing
- 3 tsp balsamic vinegar
 - 2 tbsp olive oil
 - 1/4 tsp honey
 - salt and pepper
 - squirt mustard



This recipe serves four. KAREN HUMPHREY OF YUMMYMUMMYCLUB.CA

1. In pot of boiling salted water, cook pasta according to package directions. Drain and rinse with cool water. Set aside.
2. Toss pasta with tomatoes, onion, cucumber, peppers, feta,

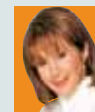
olives, and dill.

3. Measure dressing ingredients in a mason jar. Screw on lid and shake until everything is well mixed together. Drizzle over pasta and toss. You don't

have to use all the dressing. Add salt and pepper to taste. Serve right away or chill for about an hour before serving. **YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP WOMEN SURVIVE MOTHERHOOD.**

Healthy eating

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What says summer more than wings and beer on a patio? Not a whole lot. But be prepared for a lot of calories, fat and sodium if you sip and bite into the wrong choices.



4 pints beer, 15 breaded Pizza Hut wings with honey barbecue sauce

2,540 calories / 90 g fat / 4,280 mg sodium

It will cost you more than a day's worth of calories and fat, and three days' worth of sodium!

Equivalent

Four pints of beer and 15 breaded Pizza Hut wings with honey barbecue sauce are equal in calories to four whole Swiss Chalet chickens.



2 pints light beer, 15 traditional Pizza Hut wings with garlic Parmesan sauce

850 calories / 39 g fat / 2,150 mg sodium

These wings are baked, not fried.

Puff, the magic productivity-killer

Cough up the coin.

The cost of smoking doesn't end with the ever-increasing price of a pack of cigarettes

COURTNEY M. FOWLER
Metro World News

No matter how you look at it, smoking is expensive — beyond the actual pack of smokes, treatment expenses and health care for smokers often break the bank.

A new study from Ohio State University shows another way that smoking has become a burden: through those little bits of time smokers use to light up.

According to the June study, employing smokers will cost employers upward of \$5,800 per smoker, per year.

The costs due to loss of productivity because of periodic smoke breaks is more than \$3,000 per smoker, per year. Attorney Gregg Salka, of the law firm Fisher & Philip, represents employers who are concerned that employing smokers is bad for business.



In a world where time is money, smoke breaks can quickly add up. ISTOCK

As a representative for the employers, what are your biggest concerns about employing smokers?

Employers that have employees who take breaks in increments of five to 20 minutes

throughout the day; if those employees are hourly, they need to be compensated. So I'm assuming that would decrease productivity just as someone who's browsing Amazon or posting on Facebook.

Is there anything else you'd like people to know about smoking and work-place productivity?

I think (employers) should really treat all their employees the same, regardless of

whether they're smokers or non-smokers or Facebookers or non-Facebookers. An individual who is taking a break away from working time for whatever reason should be treated and disciplined the same.

Solutions?

What are some of the direct actions employers are planning to take with regard to the costliness of accommodating smokers and their breaks?

- "The best bet for employers is probably to institute some sort of a wellness program to reduce the overall likelihood that individuals will continue to smoke," says attorney Gregg Salka.
- "Your costs will go down because your employees will be healthier, and they'll presumably be smoking less and working more. There are also subsidies that are available under the Affordable Care Act (in the U.S.) in certain situations for employers that implement such wellness programs, so that's another way to recoup some of the costs that are associated with smoking issues."

Injury puts Grant's UFC dream on hold

UFC. Cole Harbour fighter pulls out of next month's UFC 164 with concussion



ANDREW RANKIN
andrew.rankin@metronews.ca

For the past four weeks, T.J. Grant has been living in a near constant state of darkness.

Leading into mid-June, the Cole Harbour native was well on his way to realizing his ultimate dream of facing Benson Henderson for the UFC lightweight title on Aug. 31.

But a concussion he suffered in a sparring incident abruptly put his dream on hold.

"I've been kind of living like a vampire, keeping the lights off and the curtains drawn," said Grant. "I'm just following standard protocol."

The concussion has knocked the 29-year-old out of UFC 164. Anthony Pettis has been chosen as his replacement.

"I would be happy to take this fight on three weeks of training. But my progress has just been so unpredictable at this point and I can't put a timetable on my recovery."

"I didn't want to pull out of the fight at the last minute. And if I went back training maybe I



T.J. Grant, left, seen here fighting Evan Dunham at UFC 152 in Toronto, has pulled out of his lightweight title fight with Benson Henderson next month. RENE JOHNSTON/TORSTAR NEWS SERVICE FILE

would have had another setback because I have had frequent setbacks over the last month. Plus, I wanted to give the UFC time to come up with an alternative plan."

Grant's nightmarish ordeal can be traced back to a fluke training incident where he caught a hard heel to the head.

"I didn't see stars or anything like that, and then I hit my head later on a roll, and I just didn't feel right."

Grant, who is engaged and has a baby girl, is able to see the big picture.

"I want to grow old with my mind intact so I can do all the things I want to do later in life."

But that doesn't take away from the sting of a dream put

on hold.

"I will be back training. I still think I can be the best fighter in the world; that's what I'm going to be."

Grant has already voiced his disgust over some conspiracy theorists suggesting that the replacement fight, a highly-touted matchup, was a result of a backroom deal between he and the UFC.

"It's not worth responding to anymore," he said. "I made that mistake already. I know who I am."

Missed chance

"I'm just disappointed that I had to give up an opportunity to get the title because I worked so hard to get to this point and it could be very hard to get another shot."

Cole Harbour mixed martial artist T.J. Grant

Track and field. Jamaican sprinters test positive for banned stimulants

Former 100-metre world-record holder Asafa Powell and Jamaican teammate Sherone Simpson have each tested positive for banned stimulants, their agent told The Associated Press.

Powell and Simpson tested positive for the stimulant oxilofrine at the Jamaican championships last month and were just recently notified, Paul Doyle said Sunday.

Powell helped the Jamaicans to the 400-metre relay gold medal at the 2008 Olympics and was the last man to hold the individual 100 record before countryman Usain Bolt broke it earlier that year.

Simpson won Olympic gold in the women's 400 relay in 2004 and silver in 2012, along with an individual silver in the 100 in 2008.

THE ASSOCIATED PRESS

Tyson Gay

American track star's test yields banned substance

American 100-metre record holder Tyson Gay, who had promoted himself as a clean athlete, tested positive for a banned substance and said he will pull out of the world championships next month in Moscow.

He said he will have his "B" sample tested soon, possibly as early as this week. THE ASSOCIATED PRESS

IndyCar. Dixon comes out on top in Toronto's streets

Scott Dixon swept the doubleheader at the Honda Indy Toronto after leading from pole to finish Sunday for his third straight victory.

After winning Saturday, he was even better in the finale with a dominant performance on the 85-lap, 1.75-mile street course at Exhibition Place, finishing ahead of second-place Helio Castroneves and Sebastien Bourdais in third.

THE CANADIAN PRESS

Gymnastics

Historic week nets COC honours for Halifax's Black

Halifax gymnast Ellie Black was named the Canadian Olympic Committee's athlete of the week on Sunday, after her historic showing at the world university summer games last week in Kazan, Russia.

The 2012 Olympian finished her three days of work last Wednesday with silver and bronze medals in the beam and floor events respectively, becoming the first Canadian woman in 30 years to hit the podium in artistic gymnastics at the event as well as the first Canadian multi-medallist at this year's games. Black's silver came behind reigning world champion Ksenia Afanasyeva of Russia. METRO

MLB

Jays do little to slow O's Davis' trot to history

Chris Davis hit his 37th home run to tie the AL record before the All-Star break, and the Baltimore Orioles cruised past the Toronto Blue Jays 7-4 Sunday.

Davis doubled in two runs in the first inning and hit a two-run homer in the third to give him 93 RBIs, second-most in the majors behind Detroit's Miguel Cabrera.

By going deep in a fourth straight game, Davis gained some momentum for Monday night's Home Run Derby and equaled Reggie Jackson's AL mark of 37 homers before the break, set in 1969. The major league record is 39, by Barry Bonds in 2001.

THE ASSOCIATED PRESS



Scott Dixon GETTY IMAGES

Horoscopes

Aries

March 21 - April 20

You may not be a peacemaker by nature but you can help defuse an explosive situation by standing between the warring parties and insisting that they cool down.

Taurus

April 21 - May 21

The only danger this week is that you might give up on something before you have really started. However difficult the task ahead of you may look it is not impossible and failure is not a foregone conclusion.

Gemini

May 22 - June 21

You may sometimes act as if you don't care about what's going on in the world but you do and over the next few days you will find ways to make a difference.

Cancer

June 22 - July 23

Listen to your head by all means today but let your heart have the last word. Your emotions run deep and someone is about to ignite your passions in a way they have not been ignited for quite some time.

Leo

July 24 - Aug. 23

As it's the first day of a new week why not put your troubles behind you completely? Is that actually possible? Of course it is. Your reality is a reflection of what goes on in your mind.

Virgo

Aug. 24 - Sept. 23

Whatever you are working on you can and you will make a success of it, even if you make a few mistakes in the short-term. It's no big deal.

Libra

Sept. 24 - Oct. 23

You have been through a stressful time of late, so wind down a bit and find ways to have fun without pushing yourself too hard physically or emotionally. Be kind to yourself today, and every day.

Scorpio

Oct. 24 - Nov. 22

You deserve the best and you will get the best but it may not arrive quite as quickly as you expected. That's okay. The longer you have to wait the better the taste of success will be.

Sagittarius

Nov. 23 - Dec. 21

What worried you yesterday is not what will worry you today and what worries you today won't be what worries you tomorrow. Which begs the question: why worry at all?

Capricorn

Dec. 22 - Jan. 20

Don't just assume that someone knows how much you care for them: spell it out so there can be no misunderstandings. Capricorn may have a reputation as being a bit of a cold fish but it's not true. You're really all heart.

Aquarius

Jan. 21 - Feb. 19

You may be behind in your schedule and you may be worrying how you can catch up but is there really any point? You know from experience that it will all work out in the end.

Pisces

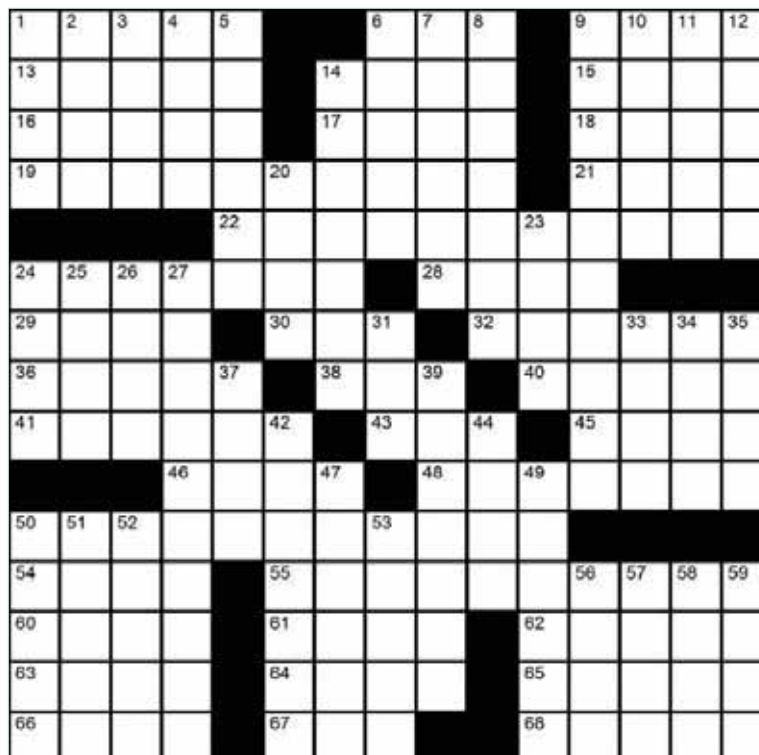
Feb. 20 - March 20

It will pay you to be a bit more forgiving of people who have let you down or who do not come up to your exacting standards. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Beach 'hermits'
6. Li'l food*additive
9. Mr. Belushi's
13. Pale purple
14. Remorseful person
15. Miss ____ (Don't appear on stage on time)
16. Ancient Greece marketplace
17. Feminizing suffix
18. Donny of "Happy Days"
19. Huge pool park's fun chute
21. Put a sock ____: 2 wds.
22. "The ____ Canada", on CTV starting tonight
24. "Curious" band from New Glasgow, NS
28. Pianist, Peter ____
29. Stead
30. Emerald
32. Actress Ms. Welch
36. Rectify
38. T, in Morse
40. Many
41. ____ bliss
43. Romanian currency
45. Some small batteries
46. Ancient's "Awesome!"
48. Versus
50. Prehistoric rock carvings, as per ____
54. Chopped



55. Rapper from Enfield, NS
60. Calif. campus
61. Habilis or Sapiens
62. Like crafts
63. Peddle
64. "Out ____?"
65. Quebec's ____ Peninsula

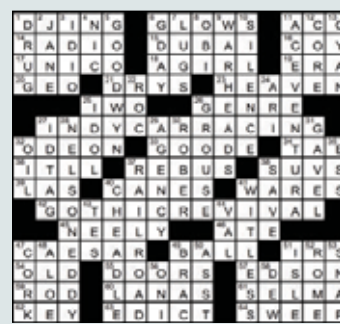
66. Besides that
67. Pallid
68. Go _____. (Be repetitive)

4. Unadorned
5. Ancient Egypt's sacred beetle
6. "Malcolm in the Middle" star Frankie
7. Songbook standard: "____ the Clowns": 2 wds.
8. Like a more lush-

- looking lawn
9. "Virtual Insanity" band
10. "I Love It": Hit for Swedish pop duo ____ Pop
11. Radio fare
12. Seven, in Sicily
14. Not uptight

20. City's cloudiness
23. "Tele" suffix
24. Restaurant side order
25. I like = 'J' ____
26. INXS hit: "What You ____"
27. Premier of Newfoundland and Labrador, Kathy ____
31. Prefix that means 'Bad'
33. ____ Bator (Capital of Mongolia)
34. 7th Greek letters
35. Grocery-shopping reminder
37. Early-'80s group
39. Generously piles the food to the plate: 2 wds.
42. Purina product: 2 wds.
44. Cousins of 'yucks'
47. UNESCO World Heritage Site in India, ____ Caves
49. Certain cheese
50. Hesitate
51. Gum brand
52. Recites
53. "American Idol" Season 5 alum, Elliott ____
56. "The Nanny" star Ms. Drescher
57. "____ miracle!"
58. "SportsCenter" station
59. Bottled hair, like it

Friday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Today

32°/18°

Mainly sunny

Tuesday

28°/15°

Variable

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